

Katrina Barton, PT Curriculum Vitae

Education

Texas Christian University 1980-82 – Dance, Art
Universidad de Las Americas, Cholula, Mexico
Texas A&M Class of '84 – Community Health and Biology
Traditions Council committee member
Chaplain for Delta Delta Delta sorority
Student Committee On National Affairs member
BSPT Texas Tech 1986
Tech PT Curriculum Committee
PT Club fund raising chairperson
DPT Utica College 2020

Professional organizations

American Physical Therapy Association
Texas Physical Therapy Association
Section on Women's Health
International Pelvic Pain Society

Employment History

Willis-Knighton Health Care System, 2.5 years
Staff PT in acute care and burn and wound care. Shreveport LA
Therapeutic Staffing Concepts, 1.5 years
Owner, contract PT for the East Texas, West Louisiana
HealSouth, 3 years
Staff PT, Clinical Director. Orthopedic outpatient care. Austin,
Texas
Omega Rehab, 1 year
Clinical Director and PT. Outpatient work hardening and
orthopedic care. Austin, Texas
Hands On Physical Therapy, since 1995

Staff PT, Owner. Outpatient myofascial release, chronic pain, TMJ, pelvic floor rehab for men and women, orthopedics, visceral, cranio-sacral and lymphedema. Round Rock, Texas

Continuing and Professional Education

Ethics in Rehabilitation, updated every 2 years

McKenzie Part A, Lumbar Spine, Certified, The McKenzie Institute, 1988

Developmental PNF, Innovision 1988

Myofascial Releases 1, John F. Barnes, PT 1988

TENS: Clinical Application, Medtronic Neuro 1989

McKenzie Part B, Cervical-Thoracic Spine, Certified, The McKenzie Institute 1989

Clinical Education Instruction Certification 1989

Evaluation and Management of TMJ Dysfunction, Annette Inglarsh, PhD, PT 1990

Spinal 1 Manual Therapy Fellowship, Ola Grimsby for the Sorlandets Fusikalske Institute 1990

Foot and Ankle Biomechanics, Healthsouth with Don Vogelbach, PT/ATC 1991

Extremity 1 Manual Therapy Fellowship, Ola Grimsby Institute 1991

Medical Exercise Therapy, Ola Grimsby Institute, 1991

Shoulder and Upper Quadrant Eval and Treatment, Robert Donatelli, PT 1992

Pathophysiology & Mechanics of the Cervical Spine, Ola Grimsby with Northeast Seminars 1992

Pathophysiology & Mechanics of the Shoulder, Ola Grimsby with Northeast Seminars 1992

Myofascial Release of the Shoulder and Upper Extremities, Janet Hutchinson, PT 1992

Myofascial Release of the Pelvis and Lower Extremity, Janet Hutchinson, PT 1992

Functional Relationships of the Lower Half, Richard Jackson, PT 1993

Functional Orthopedics 1, Institute of Physical Arts 1993

Eval and Treatment of the Pelvic Girdle, Richard Jackson, PT 1994

Muscle Energy Techniques - Cervical and Thoracic Spine, Dogwood Institute 1995

Certified Evaluator for Impairment Ratings, American Medical Association, American Academy of Disability Evaluating Physicians 1996

Myofascial Release 2, John F. Barnes, PT 1996

The Cranial Concept, Barrett Dorko, PT 1996

CranioSacral Therapy 1, The Upledger Institute, Inc. 1997

CranioSacral Therapy 2, The Upledger Institute, Inc. 1998

Myofascial Osseous Integration, John F. Barnes, PT 1998

Kinesio Taping, Intermediate, KT-2 1998

Kinesio Taping, Advanced, KT-2 1998

Fascial Pelvis Myofascial/Osseous Release, John F. Barnes, PT 1999

Cervical-Thoracic Myofascial/Osseous Release, John F. Barnes, PT 1999

Advanced Myofascial Unwinding, John F. Barnes, PT 1999

Subtle Energy Therapy, John F. Barnes, PT 1999

Myofascial Releases Skill Enhancement, 40 hours of advanced, one on one supervised training at the Myofascial Treatment Center in Paoli, PA, John F. Barnes, PT 1999

Therapeutic Touch, Level II, Margaret Fuchs 1999

Advanced Pelvic Floor Dysfunction, Hollis Herman, PT with The Prometheus Group 2002

Lymph Drainage Therapy 1, The Upledger Institute Inc, 2004

Myofascial Rebounding, John F. Barnes, PT 2004

Lymph Drainage Therapy 2, The Upledger Institute Inc, 2005

Somato-Emotional Release 1, The Upledger Institute Inc. 2006

Grounding and Healthy Boundaries, The Upledger Institute Inc. 2006

Myofascial Release 3, John F. Barnes 2007

Quantum Leap, John F. Barnes, PT 2009

Differential Diagnosis: Gastrointestinal, Hepatic, Biliary and Urogenital, Home CEU Connections 2009

Differential Diagnosis: Endocrine, Metabolic, Immunologic and Cancer, Home CEU Connections 2009

Gynecologic Visceral Manipulation, Gail Wetzler, PT with APTA SOWH
2010

Male Pelvic Floor Function, Dysfunction & Treatment, Herman & Wallace
Pelvic Rehabilitation Institute, **Certificate of Academic Proficiency
Achievement** 2011

SMT-1: High Velocity Low Amplitude Thrust Manipulation of the
Cervical, Thoracic, Lumbar & SI Joints, Dr. James Dunning, DPT,
FAAOMPT, Spinal Manipulation Institute 2013

ART: Biomechanics of Walking, Medbridge Education 2013

Yoga for Healthcare Professionals, International Weightlifting
Association 2013

Medical Therapeutic Yoga, Part A, Medbridge Education with Ginger
Garner, PT 2013

Manual Therapy for the Thoracic Spine, Medbridge Education 2013

Integrative Techniques for Pelvic Floor and Core Function: Part A,
Medbridge Education, 2013

Occupational and Safety Health Act, Medbridge Education 2015

Functional Applications in Pelvic Rehabilitation: Part A, Medbridge
Education with Hollis Herman 2015

Functional Applications in Pelvic Rehabilitation: Part B, Medbridge
Education with Hollis Herman 2015

Sex and Sexuality in the Physical Therapy Practice, Medbridge Education
2015

Evidence based examination and Treatment of the Pelvis, Medbridge
Education 2015

Menopause: A Rehabilitation Approach, Herman & Wallace Pelvic Rehabilitation Institute 2015

APTA Section on Women's Health: Pelvic Health Level 1 **CAPP Certified** 2016

APTA Section on Women's Health: Pelvic Health Level 2 **CAPP Certified** 2016

APTA Section on Women's Health: Pelvic Health Level 3 **CAPP Certified** 2017

Completed the Case Study for the completion of the **Certificate of Achievement for the CAPP-Pelvic**. 2018

Dry Needling Certification for Cervico-thoracic and Lumbo-pelvic techniques, American Academy of Manual Therapy (AAMT), James Dunning, DPT. 2017 and 2018

Vulvadynia and Pelvic Pain: An Evidence Based and Functional Guide to Treating Women in Pain, Alcove Education, Dr. Rachel Rubin, MD 2018

Evidence Based Treatment of Interstitial Cystitis, Herman and Wallace, Nicole Cozean, PT, DPT, WCS 2018

Dry Needling of the Pelvic Floor, Myopain Seminars, Jan Dommerholz/Blair Green, DPT 2018

Everything you need to know for the 2019 Texas Legislative Session: TPTA's priorities and issues impacting Physical Therapy, Capital Area District of the TPTA, 2019

How to Treat a Man in Pain, Alcove Education 2019

Low Pressure Fitness/Hypopressives, Pelvic Guru, Dr. Tamara Rial, 2019. **Certified Level 1 LPF Coach**

Vulvar Dermatology, Alcove Education 2019, Dr. Andrew Goldstien, MD

Doctor of Physical Therapy (DPT), 2020, Utica College, Utica, NY.

Endometriosis Summit, 2021, Dr. Vidali and Dr. Sarrel

The Ultimate Bowel Course: GI and Pelvic Floor 2022, Pelvic Global Academy, Susan Clinton, PT, DSc., MHS, OCS

Essential Pelvic Strengthening: Not your mama's Kegels, Nicole Cozean, PT, DPT, WCS, 2022

Professional Engagements

Helped teach several classes of Myofascial Release 1, 2, Unwinding and Fascial Pelvis, 1999-2010

Multiple speaking engagements at local support groups for Ehlers Danlos, Scleroderma, Post Mastectomy and cancer treatment.

Guest lecturer at the School of Physical Therapy at Texas State University, Differentiating Orthopedic and Pelvic Floor Diagnoses, Round Rock, Texas 2019 to present.

Served on a team of international cohorts in PT and medicine researching the effects of Ehlers-Danlos on pelvic health through the International Pelvic Pain Society.

Community education class developer and speaker through Healthy Williamson County serving underserved post-partum moms.